May 2021~Madison Avenue House

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy birthday to our friends born in May: Beverly K. 5/1 Ragner L. 5/8	All that I am, or ever hope to be, I owe to my angel Mother ~Abraham Lincoln	To the world you are a Mother, to our family you are the world! ~Unknown	On May 5th wear Cinco de Mayo colors	Act as if what you do makes a difference, it does. ~William James	May sunshine surround you each new day. And may smiles and love never be far away. ~Catherine Pulsifer	1 May Day Happy Birthday Beveriy!! 10:30a BINGO!! 12:30p TRIP: Mystery Ride 2:00p Arts & Crafts (May Day Vases)
2 10:00a Eagle Harbor Church Service 10:00a Cedars Church Service 11:00a Pizza Party (activity room) 12:30a TRIP: Mystery Ride 2:00p Sunday Ice Cream Social	3 10:00a YouTube Chair Yoga 10:00a TRIP: Battle Point Walk 12:30p Group Chat 2:00p Game of Scrabble (3rd floor alcove) 3:00p Game of Farkle 6:00p Monday Night Netflix Series Outlander Season Episode 13	4 9:00a Reading w/ Carol 10:00a Physical Therapy 12:30p Group Crossword Puzzles 1:30p BINGO!! 2:00p Gentlemen's Coffee Hour 3:00p Game of Farkle	5 Happy Cinco de Mayo 10:00a Yoga w/ Carol Ann 11:00a Cinco de Mayo Special Lunch 12:30p Current Events 2:00p Hand Therapy/ Fingernail Grooming 6:00p Wednesday Netflix Series "Grace & Frankie"	6 10:00a Physical Therapy 11:45a TRIP: Fort Ward Walk 12:30p Discussion Topics 2:00p Game of Bridge 6:00p Thursday Documentary	7 6:30a FOOT CARE 10:30a Qi Gong 12:30p TRIP: Mystery Ride 2:00p Game Time 3:00p Bingo Friday!! 6:00p Friday Night at the Movies	8 Happy Birthday Ragner!! 10:30a BINGO!! 12:30p TRIP: Mystery Ride 2:00p Trivia 3:00p Comedy Hour
9:30a Eagle Harbor Church Service 11:00a~2:00p Mother's Day Brunch (wear your flower hats) 12:30p TRIP: Mystery Ride 2:00p Sunday Tea	10 10:00a YouTube Chair Yoga 10:00a TRIP: Battle Point Walk 12:30p Group Chat 2:00p Game of Scrabble (3rd floor alcove) 3:00p Game of Farkle 6:00p Monday Night Nefflix Series Outlander Season 1 Episode 14	11 9:00a Reading w/ Carol 10:00a Physical Therapy 12:30p Group Crossword Puzzles 1:30p BINGO!! 2:00p Gentlemen's Coffee Hour 3:00p Game of Farkle	12 International Nurses Day 10:00a Yoga w/ Carol Ann 12:30p Current Events 2:00p Hand Therapy/ Fingernail Grooming 3:00p Poetry Circle 6:00p Wednesday Night Netflix Series Grace & Frankle	13 10:00a Physical Therapy 11:45a TRIP: Fort Ward Walk 12:30p Discussion Topics 2:00p NEW!! Resident Council 3:00p Happy Hour 6:00p Thursday Documentary	14 10:30a Qi Gong 11:30a Bread Making Party!! 12:30p TRIP: Mystery Ride 2:00p Game Time 3:00p Bingo Friday!! 6:00p Friday Night at the Movies	15 10:30a BINGO!! 12:30p TRIP: Mystery Ride 2:00p Trivia 3:00p Comedy Hour
16 9:30a Eagle Harbor Church Service 10:00a Cedars Church Service 11:00a Pizza Party (activity room) 12:30a TRIP: Mystery Ride 2:00p Sunday Ice Cream Social	17 10:00a YouTube Chair Yoga 10:00a TRIP: Battle Point Walk 12:30p Group Chat 2:00p Game of Scrabble (3rd floor alcove) 3:00p Game of Farkle 6:00p Monday Night Netflix Series Outlander Season 1 Episode 15	18 9:00a Reading w/ Carol 10:00a Physical Therapy 12:30p Group Crossword Puzzles 1:30p BINGO!! 2:00p Gentlemen's Coffee Hour 3:00p Resident Birthday Party	19 10:00a Yoga w/ Carol Ann 12:30p Current Events 2:00p Hand Therapy/ Fingernail Grooming 3:00p Activities Meeting w/ Residents 4:00p Japanese World Cuisine Dinner 6:00p Wednesday Night Netflix Series Grace & Frankie	20 10:00a Physical Therapy 11:45a TRIP: Fort Ward Walk 12:30p Discussion Topics 1:00p FOOD MEETING 2:00p Game of Bridge 6:00p Thursday Documentary	21 10:30a Qi Gong 12:30p TRIP: Mystery Ride 2:00p Game Time 3:00p Bingo Friday!! 6:00p Friday Night at the Movies	22 10:30a BINGO!! 12:30p TRIP: Mystery Ride 2:00p Trivia 3:00p Arts & Crafts
 23 9:30a Eagle Harbor Church Service 10:00a Cedars Church Service 12:00 Potluck 12:45p TRIP: Mystery Ride 2:00p Sunday Tea 	24 10:00a YouTube Chair Yoga 10:00a TRIP: Battle Point Walk 12:30p Group Chat 2:00p Game of Scrabble (3rd floor alcove) 3:00p Game of Farkle 6:00p Monday Night Netflix Series Outlander Season 1 Episode 16	9:00a Reading w/ Carol 10:00a Physical Therapy 12:30p Group Crossword Puzzles 1:30p BINGO!! 2:00p Gentlemen's Coffee Hour 3:00p Resident Social Hour	26 10:00a Yoga w/ Carol Ann 12:30p Current Events 2:00p Hand Therapy/ Fingernail Grooming 3:00p Rock Painting 6:00p Wednesday Night Netflix Series "Grace & Frankie"	27 10:00a Physical Therapy 11:00a TRIP: Salisbury Point/ Picnic 2:00p Roundtable w/ Corrin 3:00p Happy Hour 6:00p Thursday Documentary	28 10:30a Qi Gong 12:30p TRIP: Mystery Ride 2:00p Game Time 3:00p Bingo Friday!! 6:00p Friday Night at the Movies	 29 10:30a BINGO!! 12:30p TRIP: Mystery Ride 2:00p Trivia 3:00p Comedy Hour
30 9:30a Eagle Harbor Church Service 10:00a Cedars Church Service 12:30a TRIP: Mystery Ride 2:00p Root Beer Float Social	31 10:00a YouTube Chair Yoga 10:00a TRIP: Battle Point Walk 12:30p Group Chat 2:00p Game of Scrabble (3rd floor alcove) 3:00p Game of Farkle 6:00p Monday Night Netflix Series Outlander Season 2 Episode 1	May the sun bring you energy by day, may the moon softly restore you by night, may the rain wash away your worries, may the breeze blow new strength into your being, may >	<you gently="" the="" through="" walk="" world,<br="">and know it's beauty all the days of your life. ~Apache Blessing</you>	The Rose's at Eagle Harbor		 Activities Subject to Change without Notice Bus outings weather permitting