

Madrona House Activity Calendar

Assisted Living

March 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>There are no strangers here; only friends you haven't yet met. - William Butler Yeats</p>		<p><u>March Resident Birthdays</u> <i>Asteria Corpuz 3rd</i> <i>Hank Davis 3rd</i> <i>Simon Vanderlee 6th</i> <i>Fern Netland 17th</i></p>	<p><u>March Staff Birthdays</u> <i>Tasha Martin 2nd</i> <i>Marcia Giameos 8th</i> <i>Jillian Copeland 14th</i> <i>Monique McGregor 22nd</i> <i>Samantha Sherwood 26th</i></p>		<p>1 10:00am Mindful Meditation (4E) 10:30am Coffee & Current Events 3pm Pinochle 5:00pm Friday Night Film (Happy Hour w/ Brett next week!)</p>	<p>2 10:30am Dominoes 1:30pm Popcorn and Movie: <u>Waking Ned Devine</u> 3:30pm Penny Poker 4:30pm Man Cave</p>
<p>3 10:30am Sunday Paper & Coffee 1:00pm Spa Time 2:00pm Bingo! 4:00pm Movement Games</p>	<p>4 10:30am Open Art Studio and Art After 60 (LE Room) 1:00pm Yoga with Sue (LE Room) <u>3pm Concert: Jim Smith</u> 4:00pm Happy Hour & Games</p>	<p>5 <u>Mardi Gras!</u> <u>10:30am Mystery Ride</u> 1:00pm Bible Study 2:00pm Games 3:00pm Music with Songbird (4E) 4:00pm Casino Night!</p>	<p>6 10:30am Devotions with Erin(4E) 1:00pm Music & Manicures 2:00pm Art Studio 3:00pm Music with Jack (4E) 4:00pm Games</p>	<p>7 10:30am Open Art Studio <u>1:00pm Trip to Rite Aid/ Safeway</u> 1:00pm Yoga with Sue (Cascade) 2:00pm Music and Manicures 3:00pm Penny Poker</p>	<p>8 10:00am Mindful Meditation (4E) 10:30am Coffee & Current Events 2:30pm Nia Dance 3:00pm Happy Hour with Brett 3pm Pinochle 5:00pm Friday Night Film</p>	<p>9 10:30am Monopoly 1:30pm Popcorn and Movie: TBD 3:30pm Penny Poker 4:30pm Man Cave</p>
<p>10 <u>10:30am Concert: Terri Ferrari</u> 11:30am Sunday People & Coffee 1:00pm Spa Time 2:00pm Bingo! 4:00pm Movement Games</p>	<p>11 10:30am Open Art Studio 1:00pm Yoga with Sue (LE Room) <u>3pm Concert: Mary Boyum</u> 4:00pm Happy Hour & Games</p>	<p>12 <u>10:30am Mystery Ride</u> 1:00pm Bible Study 2:00pm Games 3:00pm Music with Songbird(4E) 4:00pm Dominoes <u>5:00pm Madrona Family Social</u></p>	<p>13 10:30am Devotions with Erin(4E) <u>11am Lunch Bunch—Harbor Pub</u> 1:00pm Music & Manicures 2:00pm Art Studio 3:00pm Music with Jack (4E) 4:00pm Games</p>	<p>14 10:30am Word Games <u>1:00pm Trip to Rite Aid/ Safeway</u> 1:00pm Yoga with Sue (Cascade) 2:00pm Music and Manicures 3:00pm Penny Poker</p>	<p>15 10:00am Mindful Meditation (4E) 10:30am Coffee & Current Events 2:30pm Fitness Friday (Gym) 3pm Pinochle 5:00pm Friday Night Film</p>	<p>16 10:30am Dominoes 1:30pm Popcorn and Movie: TBD 3:30pm Penny Poker 4:30pm Man Cave</p>
<p>17 St. Patrick's Day 10:30am Sunday Paper & Coffee 1:00pm Spa Time 2:00pm Bingo! 3:00pm Guinness and Penny Poker!</p>	<p>18 10:30am Open Art Studio 1:00pm Yoga with Sue (LE Room) <u>3pm Concert: Laura Silverstein</u> 4:00pm Happy Hour & Games</p>	<p>19 <u>10:30am Mystery Ride</u> 1:00pm Bible Study 2:00pm Games 3:00pm Music with Songbird (4E) 4:00pm Cribbage</p>	<p>20 10:30am Devotions with Erin(4E) 1:00pm Music & Manicures 2:00pm Art Studio 3:00pm Music with Abraham (4E) 4:00pm Games</p>	<p>21 10:30am Open Art Studio <u>1:00pm Trip to Rite Aid/ Safeway</u> 1:00pm Yoga with Sue (Cascade) 2:00pm Music and Manicures 3:00pm Penny Poker</p>	<p>22 10:00am Mindful Meditation (4E) 10:30am Coffee & Current Events 2:30pm Nia Dance 3pm Pinochle 5:00pm Friday Night Film</p>	<p>23 10:30am Monopoly 1:30pm Popcorn and Movie: TBD 3:30pm Penny Poker 4:30pm Man Cave</p>
<p>24/31 <u>10:30am Concert: Terri Ferrari (3/24 only)</u> 11:30am Sunday Paper and Coffee 1:00pm Spa Time 2:00pm Bingo! 4:00pm Movement Games</p>	<p>25 10:30am Open Art Studio 1:00pm Yoga with Sue (LE Room) <u>3pm Concert: Matt Price</u> 4:00pm Happy Hour & Games</p>	<p>26<u>10:30am Mystery Ride</u> 1:00pm Move and Groove (Rainier) 1:00pm Bible Study 2:00pm Games 3:00pm Music with Songbird (4E) 4:00pm Rummy 500</p>	<p>27 10:30am Devotions with Erin 1:00pm Music & Manicures 2:00pm Art Studio 3:00pm Music TBD (4E) 4:00pm Games</p>	<p>28 10:30am Word Games <u>1:00pm Trip to Rite Aid/ Safeway</u> 1:00pm Yoga with Sue (Cascade) 2:00pm Music and Manicures 3:00pm Penny Poker</p>	<p>29 10:00am Mindful Meditation (4E) 10:30am Coffee & Current Events 1:45pm Odyssey Performers! 2:30pm Fitness Friday (Gym) 3pm Pinochle 5:00pm Friday Night Film</p>	<p>30 10:30am Dominoes 1:30pm Popcorn and Movie: TBD 3:30pm Penny Poker 4:30pm Man Cave</p>

**** ALL ACTIVITIES SUBJECT TO CHANGE****